RPAQ – For Questionnaire Version 9.1
* For numbers in right hand column for each variable please see Annex equivalent number
** This template has been designed to be entered into fields initially defaulted to -1

- *SPECIAL CODING NOTES:*
- Please pay extra attention to:
    - **Paidemployment** where non-standard coding has been used for a Yes/No question (standard for the RPAQ, non-standard for everything else)
    - **SECTION C (Recreation)** – Values are coded 1-7

Version changes:
Changes from #03_19Feb2010:
- Template # added to this version. This is used to define coding structure used in Section C:
    - Coding 1-7 = Template =1
    - Coding 1-8 (omitting 2) = Template 2 (which has been used in some historical versions)

Page	Description	Variable Names	Variable Details	Annex code
P1	Participant Study Number	StudyID	**By SCANNING**; if barcode fails to scan then enter as TEXT e.g. 123456A	
	Date Received (This will be stamped on the front of the form near the **top right**)	DateReceivedDay DateReceivedMonth DateReceivedYear	Format DD Format MM Format YYYY	
	Questionnaire Version (This should be printed in the **bottom left corner**)	QVersion	Enter text as is e.g. FEN_RPAQ_9.1_05/05/2006	
	SECTION A		**HOME ACTIVITIES**	
P2	*1. Getting About*	Gettingabout	"Car/Motor vehicle" ………………… = 1 "Walking"……………………………. = 2 "Public Transport" …………………… = 3 "Cycling" …………………....……….. = 4 -1=left blank -5=more than one selected – see Annex 2 for coding directions	**[2]**
	2. Hours of TV, DVD or video watched per day -On a weekday before 6 pm -On a weekday after 6 pm -On a weekend day before 6 pm -On a weekend day after 6 pm	Mediaweekdaypre6pm Mediaweekdaypost6pm Mediaweekendpre6pm Mediaweekendpost6pm	"None" …………………………………… = 1 "Less than 1 hour a day"…………. = 2 "1 to 2 hours a day"………………… = 3 "2 to 3 hours a day"………………… = 4 "3 to 4 hours a day"………………… = 5 "More than 4 hours a day"………. = 6	**[2]**
	3. Hours of home computer use per day -On a weekday before 6 pm -On a weekday after 6 pm -On a weekend day before 6 pm -On a weekend day after 6 pm	Computerweekdaypre6pm Computerweekdaypost6pm Computerweekendpre6pm Computerweekendpost6pm	-1 = left blank -5=more than one selected – see Annex 2 for coding directions	

Page	Description	Variable Names	Variable Details	Annex code
P2	***4. Stair climbing at home*** -On a weekday -On a weekend day	Stairweekday Stairweekend	"None" .... = 1 "1 to 5 times a day"...................... = 2 "6 to 10 times a day"................... = 3 "11 to 15 times a day"................. = 4 "16 to 20 times a day"................. = 5 "More than 20 times a day"…….. = 6 -1 = left blank -5=more than one selected – see Annex 2 for coding directions	**[2]**
	SECTION B		**ACTIVITY AT WORK**	
P3	***5. Employment during the last 4 weeks***	Paidemployment	"No"... = 1 "Yes"..… = 2 -1 = left blank -5=more than one selected – see Annex 2 for coding directions	**[2]**
	6. Hours worked per week - 4 weeks ago - 3 weeks ago - 2 weeks ago - 1 week ago	Work4wkago Work3wkago Work2wkago Work1wkago	Decimal (format xx.xx) [e.g. 10.25] [¼ = 0.25, ⅓ = 0.33, ½ = 0.50, ⅔ = 0.66, ¾ = 0.75] -1 = left blank If a range has been entered, see Annex 1 for coding instructions If anything else entered, see Annex 3 for coding instructions	**[1]**, **[3]**
	7. Type of Work	Worktype	"Sedentary occupation"………… = 1 "Standing occupation"………….. = 2 "Manual work"………………….... = 3 "Heavy manual work"……………. = 4 -1 = left blank -5=more than one selected – see Annex 2 for coding directions	**[2]**

Page	Description	Variable Names	Variable Details	Annex code
P4	***8. Distance Home-work*** - Distance in miles - Distance in kilometers	Wrkmiles Wrkkms	Integer [If decimal provided and it is: (a) < 0.5 round down or (b) ≥ 0.5 round up] -1 = left blank If a range has been entered, see Annex 1 for coding instructions If anything else entered, see Annex 3 for coding instructions	**[1]**, **[3]**
	9. Journeys Home-work	Wrktimesperweek	Integer [If decimal provided and it is: (a) < 0.5 round down or (b) ≥ 0.5 round up] -1 = left blank If a range has been entered, see Annex 1 for coding instructions If anything else entered, see Annex 3 for coding instructions	**[1]**, **[3]**
	10. How did you normally travel to work - By car - By works or public transport - By bicycle - Walking	Wrkbycar Wrkbypubtran Wrkbybicycle Wrkbyfoot	"Always"………………………………. = 1 "Usually"……………………………. = 2 "Occasionally"…………………………. = 3 "Never or rarely"…………………….. = 4 -1=left blank -5=more than one selected – see Annex 2 for coding directions	**[2]**
	11. Work postcode	Workpostcode	Text (Format XXXX-XXX) (Where only 3 characters exist for the first part of the postcode, enter as is but maintain the hyphen as the separator of the two sections.) -1=left blank	
	12. Work address	Workaddress	Text (Enter as is) -1=left blank	
	13. Home postcode	Homepostcode	Text (Format XXXX-XXX) (Where only 3 characters exist for the first part of the postcode, enter as is but maintain the hyphen as the separator of the two sections.) -1=left blank	

Page	Description	Variable Names	Variable Details	Annex code
	SECTION C		**RECREATION**	
P6	Swimming - Competitive	swimComp swimCompHr swimCompMin	**For (Activity):** "None"…………………………………… = 1 "Once in the last 4 weeks"……. = 2 "2 to 3 in the last 4 weeks"……. = 3 "Once a week"…………………..…… = 4 "2 to 3 times a week"…………….. = 5 "4 to 5 times a week"……………. = 6 "Everyday"………………………………… = 7 -1 = left blank For (**Activity)Hr** and (**Activity)Min**: Integer [If decimal provided and it is: (a) < 0.5 round down or (b) ≥ 0.5 round up] -1 = left blank **All the fields in the Recreation Section will have a value, even if that is the default -1 value for the majority of cases.**	**[1], [2], [3]**
	Swimming - Leisure	swimLeis swimLeisHr swimLeisMin		
	Backpacking Or Mountain Climbing	BackPackMountainClimb BackPackMountainClimbHr BackPackMountainClimbMin		
	Walking For Pleasure	walkPleasure walkPleasureHr walkPleasureMin		
	Racing Or Rough Terrain Cycling	cyclingRacingRough cyclingRacingRoughHr cyclingRacingRoughMin		
	Cycling For Pleasure	cyclePleasure cyclePleasureHr cyclePleasureMin		
	Mowing The Lawn	mowing mowingHr mowingMin		
	Watering The Lawn Or Garden	waterLawn waterLawnHr waterLawnMin		
	Digging, shovelling or chopping wood	HeavyGardening HeavyGardeningHr HeavyGardeningMin		
	Weeding Or Pruning	weedPrune weedPruneHr weedPruneMin		
	DIY	dIY dIYHr dIYMin		

Page	Description	Variable Names	Variable Details	Annex code
P6	High impact aerobics	AerobicsHigh AerobicsHighHr AerobicsHighMin		
	Other Types Of Aerobics	aerobicsOther aerobicsOtherHr aerobicsOtherMin		
	Exercise With Weights	exerciseWeights exerciseWeightsHr exerciseWeightsMin	**For (Activity):** "None"………………………………… = 1 "Once in the last 4 weeks"……. = 2 "2 to 3 in the last 4 weeks"……. = 3 "Once a week"……………………..…... = 4 "2 to 3 times a week"……………... = 5 "4 to 5 times a week"……………... = 6 "Everyday"…………………………………… = 7 -1 = left blank For (**Activity)Hr** and (**Activity)Min:** Integer [If decimal provided and it is: (a) < 0.5 round down or (b) ≥ 0.5 round up] -1 = left blank **All the fields in the Recreation Section will have a value, even if that is the default -1 value for the majority of cases.**	**[1], [2], [3]**
	Conditioning Exercises	conditionExercise conditionExerciseHr conditionExerciseMin		
P7	Floor Exercises	floorExercise floorExerciseHr floorExerciseMin		
	Dancing	dancing dancingHr dancingMin		
	Competitive Running	compRun compRunHr compRunMin		
	Jogging	jog jogHr jogMin		
	Bowling or skittles	bowling bowlingHr bowlingMin		
	Tennis Or Badminton	tennisBadminton tennisBadmintonHr tennisBadmintonMin		
	Squash	squash squashHr squashMin		
	Table Tennis	tableTennis tableTennisHr tableTennisMin		

Page	Description	Variable Names	Variable Details	Annex code
P7	Golf	golf golfHr golfMin	**For (Activity):** "None"…………………………………… = 1 "Once in the last 4 weeks"……. = 2 "2 to 3 in the last 4 weeks"……. = 3 "Once a week"…………………..…... = 4 "2 to 3 times a week"……………... = 5 "4 to 5 times a week"……………... = 6 "Everyday"………………………………… = 7 -1 = left blank For (**Activity)Hr** and (**Activity)Min:** Integer [If decimal provided and it is: (a) < 0.5 round down or (b) ≥ 0.5 round up] -1 = left blank **All the fields in the Recreation Section will have a value, even if that is the default -1 value for the majority of cases.**	**[1]**, **[2]**, **[3]**
	Football, Rugby Or Hockey	footballRugbyHockey footballRugbyHockeyHr footballRugbyHockeyMin		
	Cricket	cricket cricketHr cricketMin		
	Rowing	rowing rowingHr rowingMin		
	Netball, Volleyball Or Basketball	netVolleyBasketBall netVolleyBasketBallHr netVolleyBasketBallMin		
	Fishing	HuntingShootingFishing HuntingShootingFishingHr HuntingShootingFishingMin		
	Horse-riding	HorseBased HorseBasedHr HorseBasedMin		
	Snooker, Billiards or Darts	snookerBillardsDarts snookerBillardsDartsHr snookerBillardsDartsMin		
	Musical Instrument Playing or Singing	musicalInstrumentSinging musicalInstrumentSingingHr musicalInstrumentSingingMin		
	Ice-Skating	iceSkating iceSkatingHr iceSkatingMin		
	Sailing, Wind-Surfing or Boating	sailingWindsurfBoating sailingWindsurfBoatingHr sailingWindsurfBoatingMin		
	Martial arts, boxing or wrestling	CombatsSports CombatsSportsHr CombatsSportsMin		

Page	Description	Variable Names	Variable Details	Annex code
	General comments	RPAQComments	If any additional comments appear on ANY page of the questionnaire please enter them as 'page number' and 'text' in "RPAQComments"	

ANNEX

[1]

Dealing with ranges

- When a value range has been given when one value was appropriate, enter to the form "(-4) A TO B". For example, if "1-3" was given as an answer, when a single numeric value like "2" was expected, code as "(-4) 1 TO 3"

A few examples:

Field Name	What was written	What to enter
Work4wkago	38/42 Hrs	**(-4) 38 TO 42**
Work4wkago	16 - 18	**(-4) 16 TO 18**
Wrkmiles	7 ½ - 9	**(-4) 7.5 TO 9**

[2]

Dealing with Multiple Selections

- When a single row or column should have been selected, but more than one was, this must be entered in the form "(-5) A AND B AND C AND D …..". For example, if columns with value 1 and 3 were selected, code as "(-5) 1 AND 3". For multiple selections, always put numbers in ascending order.

A few examples:

Field Name	What was written	What to enter
Stairweekday	" 1 to 5 times a day" AND "11 to 15 times a day" selected	**(-5) 2 AND 4**
Wrkbyfoot	"Always" AND "Usually" selected	**(-5) 1 AND 2**

[3]

Unable to enter either of above

- When an answer has been given that does not fit into either the previous instructions, or into either of the two situations above (i.e. is not a range or a multiple selection), please code as "**(-10) plus text as written**".

[4]

Answers given in the wrong units

- Some questions may have answers given in the wrong units, this is coded as "**(-10) *plus text as written***". For example, if a question asked how many meters they travelled, but they wrote "12 **Km**"