

EPAQ2 – Questionnaire Versions 4, 5 & 6

*For numbers in right hand column for each variable please see Annex 1 equivalent number

*NOTE: Version 4 to 6 are to be entered with the template below to allow for smooth processing.

Page	Description	Variable Name	Variable Details	Annex No.
Front	Participant Study Number	id	By SCANNING – if barcode fails to scan then enter as TEXT e.g. 123456A	
	Version (Bottom right hand corner, CAMB/PA/x/) 1, 2, 4 or 5?	version	Text (enter as is)	
	Date Received	datereceived	Format DD/MM/YYYY	
P3	Date of Birth	dob	Format DD/MM/YYYY	
	Today's Date	datetoday	Format DD/MM/YY	
	Gender	sex	"Male" =1 "Female"..... =2 Left blank = -1 More than one selected =-5 - See Annex 2 for coding directions	2
Section A Home Activities				
Getting Up and Going to Bed		<i>Average over the past year</i>		
	On a weekday	wkdayup wkdaybed	Enter as 24 hour clock format hh:mm -1=left blank If a range has been entered - see Annex 1 for coding instructions If anything else entered - see Annex 3 for coding instructions	1 3
	On a weekend day	wkendup wkendbed		

Page	Description	Variable Name	Variable Details	Annex No.
P3	<i>Getting About</i>			
	<i>Which form of transport do you use most often?</i>		"Car" = 1 "Walk" = 2 "Public transport" = 3 "Cycle" = 4 -1 = left blank -5 = more than one selected – see Annex 2 for coding directions	2
	D1 – less than one mile	distance1		
	D2 – 1-5 mile(s)	distance2		
	D3 – more than 5 miles	distance3		

Page	Description	Variable Name	Variable Details	Annex No.
P4	<i>TV or Video Viewing</i>			
	Weekday before 6pm	wkdaytv	"None" = 1 "Less than 1 hour a day" = 2 "1 to 2 hours a day" = 3 "2 to 3 hours a day" = 4 "3 to 4 hours a day" = 5 "More than 4 hours a day" = 6 Left blank = -1 More than one selected = -5 - See Annex 2 for coding directions	2
	Weekday after 6pm	wkevetv		
	Weekend before 6pm	wedaytv		
	Weekend after 6pm	weevetv		

P4	<i>Stair climbing at home</i>			
	On a weekday	wkstair	"None" = 1 "1 to 5 times a day" = 2 "6 to 10 times a day" = 3 "11 to 15 times a day" = 4 "16 to 20 times a day" = 5 "More than 20 times a day" = 6 Left blank = -1 More than one selected = -5 - See Annex 2 for coding directions	2
	On a weekend day	westair		

Page	Description	Variable Name	Variable Details	Annex No.
P4	<i>Activities in and around the home</i>			
	1 - Preparing food, cooking and washing up 2 - Shopping for food 3 - Shopping and browsing in shops for other items 4 - Cleaning the house 5 - Doing the laundry and ironing 6 - Caring for pre-school children or babies at home 7 - Caring for handicapped, elderly or disabled people at home	Prepfood shopfood shopelse cleanhse laundry babycare oldcare	"None" = 1 "Less than 1 hour a week"..... = 2 "1 to 3 hours a week"..... = 3 "3 to 6 hours a week"..... = 4 "6 to 10 hours a week"..... = 5 "10 to 15 hours a week"..... = 6 "More than 15 hours a week"... = 7 Left blank = -1 More than one selected = -5 - See Annex 2 for coding directions	2

Page	Description	Variable Name	Variable Details	Annex No.
P6	Section B: Activity at work (Job 1 only)			
	Name of occupation (Job 1 only)	jobone	TEXT (Enter as is) Left blank = -1	
	How many hrs per week do you usually work? (Job 1 only)	jonehr	Decimal (format xx.xx) [e.g. 10.25] [¼ = 0.25, ⅓ = 0.33, ½ = 0.50, ⅔ = 0.66, ¾ = 0.75] Left blank = -1 If a range has been entered, see Annex 1 for coding instructions	
	For how many months in the last 12 months did you do this job? (Job1 only)	jonemo	Decimal (format xx.xx) [e.g. 10.75] [¼ = 0.25, ⅓ = 0.33, ½ = 0.50, ⅔ = 0.66, ¾ = 0.75] Left blank = -1 If a range has been entered, see Annex 1 for coding instructions	
P6	Activity levels at your work (Job 1 only)			
	Sitting(light) Sitting(mod) Standing(light) Standing(lmod) Standing(mod) Standing(mheav) Walking Walking(heavy) Moving(heavy)	sitaone sitbone staaone stabone stacone stadone walaone walbone movone	Two variables per row ...Actone and ...ActoneH Actone (eg Sitaone) "No"..... = 1 "Yes"..... = 2 -1 = left blank -5=more than one selected – see Annex 2 for coding directions	2
		sitaoneh sitboneh staaoneh staboneh staconeh stadoneh walaoneh walboneh movonehActone (eg Sitaoneh) Enter the hours per week Decimal (format xx.xx) [e.g. 10.25] [¼ = 0.25, ⅓ = 0.33, ½ = 0.50, ⅔ = 0.66, ¾ = 0.75] -1 = left blank If a range has been entered, see Annex 1 for coding instructions If anything else entered, see Annex 3 for coding instructions	1 3

Page	Description	Variable Name	Variable Details	Annex No.
P7	<i>Stair or step climbing at work (Job 1 Only)</i>			
	Number of times you climbed up a flight of stairs (10 steps) each day	j1stairs	"None"..... = 1 "1 to 5 times a day"..... = 2 "6 to 10 times a day"..... = 3 "11 to 15 times a day"..... = 4 "16 to 20 times a day"..... = 5 "More than 20 times a day"..... = 6	2
	Number of times you climbed up a ladder each day	j1ladder	-1 = left blank -5=more than one selected – see Annex 2 for coding directions	
	<i>Kneeling and squatting at work (Job 1 Only)</i>			
	Did you spend more than one hour Kneeling/ Squatting	j1kneel j1squat	"No"..... = 1 "Yes"..... = 2 "Don't know"..... = 3	2
	Did you get up more than 30 times from Kneeling/ Squatting	j1getup	Left blank = -1 More than one selected = -5 See Annex 2 for coding directions	
P8	<i>Travel to and from work (Job 1 Only)</i>			
	Roughly how many miles is it from home to Job 1? (Job 1 only)	mlone	Decimal (format xx.xx) [e.g. 10.25] [$\frac{1}{4}$ = 0.25, $\frac{1}{2}$ = 0.33, $\frac{1}{2}$ = 0.50, $\frac{3}{4}$ = 0.66, $\frac{3}{4}$ = 0.75] Left blank = -1 If a range has been entered, see Annex 1 for coding instructions If anything else entered, see Annex 3 for coding instructions	1 3
	How many times a week did you travel from home to Job 1 (Job 1 only)	noone	Integer [If decimal provided and it is: (a) < 0.5 round down or (b) ≥ 0.5 round up] Left blank = -1 If a range has been entered, see Annex 1 for coding instructions If anything else entered, see Annex 3 for coding instructions	
	How did you normally travel to Job 1? By car By public transport By bicycle By Walking	carone pubone bikone walone	"Always"..... = 1 "Usually"..... = 2 "Occasionally"..... = 3 "Never or rarely"..... = 4 Left blank = -1 More than one selected = -5 See Annex 2 for coding directions	2

Page	Description	Variable Name	Variable Details	Annex No.
P6	Section B: Activity at work (Job 2 only)			
	Name of occupation (Job 2 only)	jobtwo	TEXT (Enter as is) Left blank = -1	
	How many hrs per week do you usually work? (Job 2 only)	jtwohr	Decimal (format xx.xx) [e.g. 10.25] [¼ = 0.25, ⅓ = 0.33, ½ = 0.50, ⅔ = 0.66, ¾ = 0.75] Left blank = -1 If a range has been entered, see Annex 1 for coding instructions	
	For how many months in the last 12 months did you do this job? (Job2 only)	jt womo	Decimal (format xx.xx) [e.g. 10.75] [¼ = 0.25, ⅓ = 0.33, ½ = 0.50, ⅔ = 0.66, ¾ = 0.75] Left blank = -1 If a range has been entered, see Annex 1 for coding instructions	
P6	Activity levels at your work (Job 2 only)			
	Sitting(light) Sitting(mod) Standing(light) Standing(lmod) Standing(mod) Standing(mheav) Walking Walking(heavy) Moving(heavy)	sitatwo sitbtwo staatwo stabtwo stactwo stadtwo walatwo walbtwo movtwo	Two variables per row ...Acttwo and ...ActtwoHActtwo (eg Sitatwo) "No" = 1 "Yes" = 2 -1 = left blank -5=more than one selected – see Annex 2 for coding directions	2
		sitatwoh sitbtwoh staatwoh stabtwoh stactwoh stadtwoh walatwoh walbtwoh movtwohActtwo (eg Sitatwoh) Enter the hours per week Decimal (format xx.xx) [e.g. 10.25] [¼ = 0.25, ⅓ = 0.33, ½ = 0.50, ⅔ = 0.66, ¾ = 0.75] -1 = left blank If a range has been entered, see Annex 1 for coding instructions If anything else entered, see Annex 3 for coding instructions	1 3

Page	Description	Variable Name	Variable Details	Annex No.
P7	Stair or step climbing at work (Job 2 only)			
	Number of times you climbed up a flight of stairs (10 steps) each day	j2stairs	"None"..... = 1 "1 to 5 times a day"..... = 2 "6 to 10 times a day"..... = 3 "11 to 15 times a day"..... = 4 "16 to 20 times a day"..... = 5 "More than 20 times a day"..... = 6	2
	Number of times you climbed up a ladder each day	j2ladder	-1 = left blank -5=more than one selected – see Annex 2 for coding directions	
	Kneeling and squatting at work (Job 2 only)			
	Did you spend more than one hour Kneeling/ Squatting	j2kneel j2squat j2getup	"No"..... = 1 "Yes"..... = 2 "Don't know"..... = 3	2
	Did you get up more than 30 times from Kneeling/ Squatting		Left blank = -1 More than one selected = -5 See Annex 2 for coding directions	
P8	Travel to and from work (Job 2 Only)			
	<i>Roughly how many miles is it from home to Job 2? (Job 2 only)</i>	mltwo	Decimal (format xx.xx) [e.g. 10.25] [$\frac{1}{4}$ = 0.25, $\frac{1}{5}$ = 0.33, $\frac{1}{2}$ = 0.50, $\frac{2}{5}$ = 0.66, $\frac{3}{4}$ = 0.75] Left blank = -1 If a range has been entered, see Annex 1 for coding instructions If anything else entered, see Annex 3 for coding instructions	1 3
	<i>How many times a week did you travel from home to Job 2? (Job 2 only)</i>	notwo	Integer [If decimal provided and it is: (a) < 0.5 round down or (b) ≥ 0.5 round up] Left blank = -1 If a range has been entered, see Annex 1 for coding instructions If anything else entered, see Annex 3 for coding instructions	1 3
	<i>How did you normally travel to Job 2?</i> By car By public transport By bicycle By Walking	cartwo pubtwo biktwo waltwo	"Always"..... = 1 "Usually"..... = 2 "Occasionally"..... = 3 "Never or rarely"..... = 4 Left blank = -1 More than one selected = -5 See Annex 2 for coding directions	2

Page	Description	Variable Name	Variable Details	Anne x No.
P10 P11	Section C - Recreation			
	<p>Recreation Section All variables and match name: Swimming — competitive Swimming — leisurely Backpacking or mountain climbing Walking for pleasure Racing or rough terrain cycling Cycling for pleasure Mowing the lawn Watering the lawn/ garden Digging, shovelling or chopping wood Weeding or pruning DIY High impact aerobics or step aerobics Other types of aerobics Exercises with weights Conditioning exercises Floor exercises Dancing Competitive running Jogging Bowling — <i>indoor, lawn or 10 pin</i> Tennis or badminton Squash Table tennis Golf Football, rugby or hockey Cricket Rowing Netball, volleyball or basketball Fishing Horse-riding Snooker, billiards or darts Musical instrument playing or singing Ice-skating Sailing, wind-surfing or boating Martial arts, boxing or wrestling</p>	<p>swimcomp swimleis backpackmountainclimb walkpleasure cyclingracingrough cyclepleasure mowing waterlawn heavygardening weedprune diy aerobicshigh aerobicsother exerciseweights conditionexercise floorexercise dancing comprun jog bowling tennisbadminton squash tabletennis golf footballrugbyhockey cricket rowing netvolleybasketball huntingshootingfish horsebased snookerbilliardsdarts musicalinstrumentsing iceskating sailingwindsurfboat combatssports</p>	<p>For each recreation activity there is an 'act'f, 'act'hrs and 'act'mins variable. Act'f' is the frequency, with `hrs' and `mins' being the duration.</p> <p>For 'Act'F: "None"..... = 1 "Less than once a month" = 2 "Once a month"..... = 3 "2 to 3 times a month"..... = 4 "Once a week"..... = 5 "2 to 3 times a week"..... = 6 "4 to 5 times a week"..... = 7 "6 times a week or more"..... = 8</p> <p>Left blank = -1 More than one selected = -5 See Annex 2 for coding directions</p> <p>For 'Act'hr and 'Act'min: Enter as Integer If blank, <u>always</u> enter as -1, even if "none" was selected for ActFreq.</p> <p>All the fields in the Recreation Section will have a value, even if it is the default -1 value for the majority of cases.</p> <p>If a range has been entered, see Annex 1 for coding instructions If anything else entered, see Annex 3 for coding instructions</p>	<p>2</p> <p>1</p> <p>3</p>

[1] Dealing with ranges

When a value range has been given when one value was appropriate, enter to the form "**(-4)** A TO B". For example, if "1-3" was given as an answer, when a single numeric value like "2" was expected, code as "**(-4)** 1 TO 3"

A few examples:

Field Name	What was written	What to enter
Jonehr	38/42 Hrs	(-4) 38 TO 42
jonehr	16 - 18	(-4) 16 TO 18
sitaoneh	7 ½ - 9	(-4) 7.5 TO 9

Answers given in the wrong units

Some questions may have answers given in the wrong units, this is coded as "**(-10) plus text as written**". For example, if a question asked how many miles they travelled, but they wrote "12 Km"

[2] Dealing with Multiple Selections

When a single row or column should have been selected, but more than one was, this must be entered in the form:

"**(-5)** A AND B AND C AND D" For example, if columns with value 1 and 3 were selected, code as "**(-5)** 1 AND 3". For multiple selections, always put numbers in ascending order.

A few examples:

Field Name	What was written	What to enter
prepfood	"Less than 1 hour a week" AND "3 to 6 hours a week" selected	(-5) 2 AND 4
CARONE	"Always" AND "Usually" selected	(-5) 1 AND 2

[3] Unable to enter either of above

When an answer has been given that does not fit into either the previous instructions, or into either of the two situations above (i.e. is not a range or a multiple selection), please code as "**(-10) plus text as written**".