

Psychosocial Support for Young Adults with Type 1 Diabetes

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Background

Young adulthood is a period of significant life changes

Young adults with type 1 diabetes are at high risk of psychosocial issues

Healthcare professionals are key in the provision of education and support

Little is known about their

Aims

To determine:

-healthcare professionals' self-rated awareness, capacity and motivation to provide support for psychosocial issues in young adults with type 1 diabetes

-factors independently predictive of healthcare professional's perceptions of the importance, and self-rated confidence/skills, to address psychosocial issues in the management of type 1 diabetes, specific to young adults

Methods

A survey design will be used

Data to be collected using an anonymous web-based questionnaire

Questionnaire developed from an existing instrument

The Australian Diabetes Society and National Association of Diabetes Centres will advertise the study to their healthcare professional members

Quantative data will be imported into SPSS™ software

Descriptive statistics and logistic regression analysis

Qualitative data will be imported into Nvivo™ software

Human Research Ethics Committee approval has been obtained

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