

Sex differences in the risk of cardiovascular disease associated with diabetes.

M. de Jong, MSc¹, Rimke C. Vos, PhD.¹, M.L. Bots, PhD¹, Sanne A.E. Peters, PhD.^{1,2}

¹Julius Center for Health Sciences and Primary Care, University Medical Center Utrecht, The Netherlands

² The George Institute for Global Health, University of Oxford



- Diabetes is one of the most prevalent chronic disorders globally
 - 425 million affected individuals in 2017.
- Individuals with diabetes are more likely to develop cardiovascular disease compared to individuals without diabetes.
- Diabetes is a stronger risk factor for cardiovascular complications in women than men.



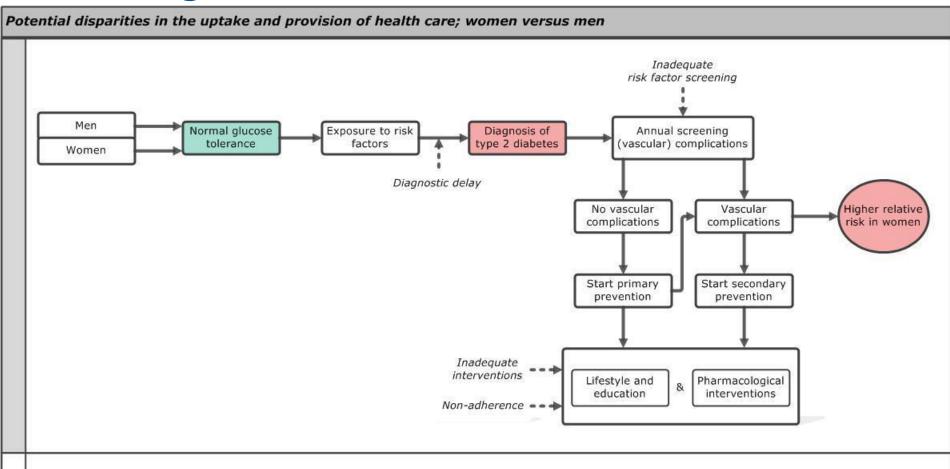
Additional risk Outcome Women Men RRR [95% CI] Coronary heart disease 182% 116% 1.44 [1.27, 1.63] Stroke 128% 83% 1.27 [1.10, 1.46] Dementia 68% 61% 1.10 [1.06, 1.14] **⊢**■⊢ Vascular dementia 73% 134% 1.19 [1.08, 1.30] Chronic kidney disease 234% 184% 1.14 [0.97, 1.34] End-stage renal disease NR NR 1.38 [1.22, 1.55] 27% 19% 1.06 [1.03, 1.09] Cancer ⊣■⊣ 8.0 1.25 1.5 1.75 Higher RR in women -← Higher RR in men



No clear explanation for the greater excess risk of major cardiovascular complications in women has been identified:

- Biological differences?
- Differences in health care provision cardiovascular risk management?
- Differences in attainment of health care provision?







Project overview

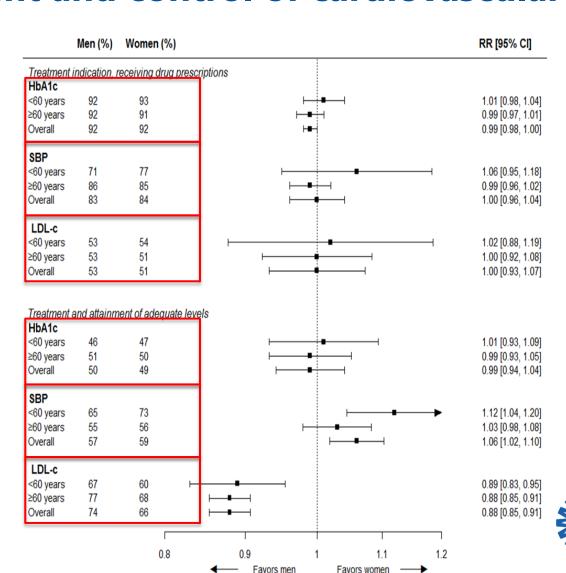
To determine to what extent inconsistencies in health service delivery and uptake contribute to the sex-specific effects of diabetes on cardiovascular diseases.

- 1. Screening & treatment
- 2. Medication adherence
- 3. Hospital admissions

Patient factors & provider factors



Treatment and control of cardiovascular risk factors



UMC Utrecht

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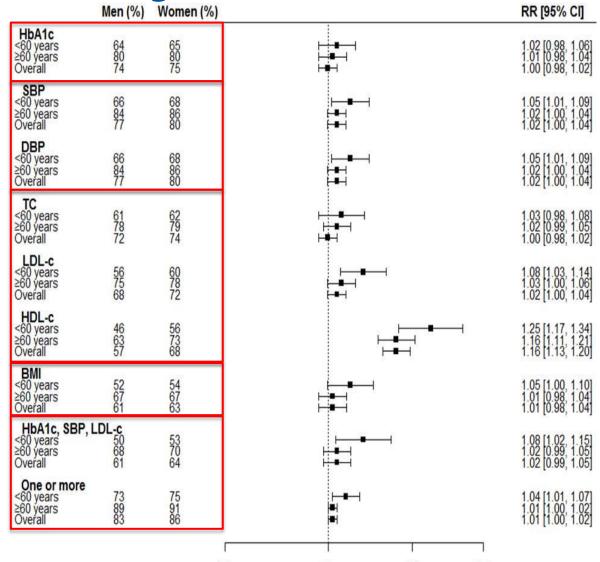
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Thank you for listening



Annual testing of cardiovascular risk factors



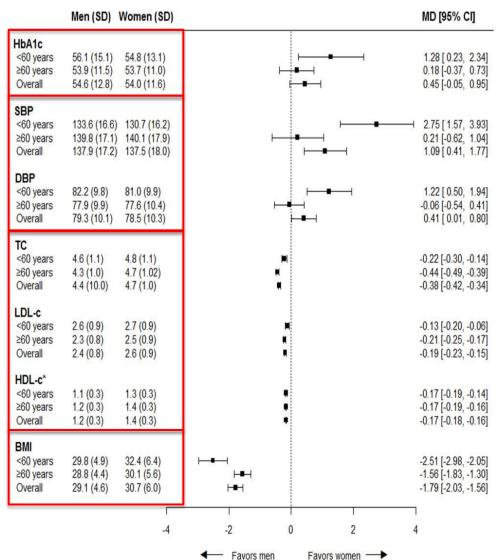
Favors men



1.4

Favors women -

Measured values of cardiovascular risk factors



Favors women ---



